

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Girls 100 Meter Dash Senior

Name	School	Prelims
Preliminaries		
1	Self, Makenna	Dr. Charles 12.68q -0.8
2	Mclaughlin, Jaedyn	Riverside 12.83q -0.9
3	Malcolm, Kiara	New Westmins 12.83q -1.1
4	Vander Zwan, Carissa	Langley Christia 12.97q -0.9
5	Brunoro, Maiya	Langley Christia 13.14q -0.9
6	Maltas, Cassie	Centennial S 13.38q -0.9
7	Coles-Lyster, Campbell	Maple Ridge 13.44q -0.6
8	Schoenroth, Alexis	Langley Christia 13.53q -0.9
9	Parhar, Kate	Dr. Charles 13.63 -1.1
10	Kalil-Korma, Marian	Terry Fox (T 13.64 -0.6
11	Cushnie, Marlowe	Tla Online 13.80 -0.9
12	Wilkes, Danika	Maple Ridge 14.04 -0.9
13	Henry, Naina	Bc Christian 14.08 -0.9
14	Pemberton, Olivia	Walnut Grove 14.11 -0.9
15	Sokhanvar, Sareena	Dr. Charles 14.23 -0.6
16	Lorenz, Olivia	Centennial S 14.33 -0.9
17	Floreza, Alethea	Centennial S 14.34 -1.1
18	Kilburn, Dhalia	Centennial S 14.65 -0.9
19	Turcotte, Avery	Centennial S 14.74 -0.9
20	Owen-Merriott, Kalysha	Walnut Grove 14.78 -1.0
21	Peng, Claire	Dr. Charles 14.83 -0.6
22	Kostur, Sofiya	Centennial S 14.99 -0.9
23	Cabilin, Marin	New Westmins 15.06 -0.9
24	Coffee, Sylvia	New Westmins 15.12 -0.8
25	Hsieh, Penny	Walnut Grove 15.14 -0.9
26	Xu, Amy	Meadowridge 15.16 -0.9
27	Zhang, Nuonuo	Dr. Charles 15.38 -1.1
28	Poato, Chiara	Centennial S 15.40 -0.9
29	Paradis, Nouveau	New Westmins 15.50 -0.8
30	Pacheco, Kristina	Centennial S 15.57 -1.0
31	Fisher, Stephanie	Westview Sec 15.61 -1.0
32	Morillo, Laura	Garibaldi Se 16.05 -0.9
33	Romero, Ariadna	Garibaldi Se 16.22 -1.0
34	Von Richter, Alana	Heritage Woods 16.24 -0.6
35	Gunnarson, Kailey	Yale Seconda 16.30 -0.9
36	Cheung, Vina	Pinetree Sec 16.32 -0.9
37	Wong, Cristabel	Riverside 16.34 -0.9
38	Buchan, Breanna	Centennial S 16.37 -1.0
39	Kim, Alice	Pinetree Sec 16.39 -1.0
40	Kim, Grace	Dr. Charles 16.70 -1.1
41	Cheung, Tiffany	Dr. Charles 16.93 -0.8
42	Picanyol, Raquel	Garibaldi Se 17.00 -0.9
43	Navarro, Mar	Garibaldi Se 17.01 -1.1
44	Baath, Sahij	Dasmesh Punj 17.02 -0.8
45	Zepeda, Natalia	Gleneagle Se 17.14 -0.6

Girls 100 Meter Dash Senior

Name	School	Finals
Finals		
1	Self, Makenna	Dr. Charles 12.52 -1.2
2	Malcolm, Kiara	New Westmins 12.74 -1.2

3	Mclaughlin, Jaedyn	Riverside 12.83 -1.2
4	Brunoro, Maiya	Langley Christia 13.01 -1.2
5	Vander Zwan, Carissa	Langley Christia 13.20 -1.2
6	Coles-Lyster, Campbell	Maple Ridge 13.35 -1.2
7	Maltas, Cassie	Centennial S 13.50 -1.2
8	Schoenroth, Alexis	Langley Christia 13.55 -1.2

Girls 400 Meter Dash Senior

Name	School	Finals
Finals		
1	Brunoro, Maiya	Langley Christia 58.55
2	Beuthin, Michela	Dr. Charles 58.68
3	Markey, Clara	Sardis 1:01.64
4	Maltas, Cassie	Centennial S 1:01.77
5	Stelnicki, Annalise	Walnut Grove 1:07.14
6	Antosik, Maja	Walnut Grove 1:07.52
7	Gunther, Melina	Dr. Charles 1:09.25
8	Pawlikowski, Keira	Heritage Woods 1:09.83
9	Nouraei, Ava	Terry Fox (T 1:09.89
10	Kilburn, Dhalia	Centennial S 1:10.11
11	Owen-Merriott, Kalysha	Walnut Grove 1:10.63
12	Kostur, Sofiya	Centennial S 1:11.73
13	Hsieh, Penny	Walnut Grove 1:15.40
14	Balogun, Ayomipo	Centennial S 1:16.36
15	Dyck, Amelia	Yale Seconda 1:19.20
16	Lubog, Maxene	Centennial S 1:19.64
17	Baath, Sahij	Dasmesh Punj 1:27.71
18	Perez Munoz, Carmen	Westview Sec 1:29.32
19	Li, Aliyah	Dr. Charles 1:33.89

Girls 1500 Meter Run Senior

Name	School	Finals
Finals		
1	Choy, Nozomi	Heritage Woods 5:29.52
2	Stelnicki, Annalise	Walnut Grove 5:32.03
3	Zhu, Diana	Dr. Charles 5:32.28
4	Suen, Makayden	Thomas Haney 5:36.38
5	Meyang, Manuela	Dr. Charles 5:40.94
6	Zhou, Jenifer	Gleneagle Se 5:43.89
7	Suen, Kodyn	Thomas Haney 5:47.42
8	Pawlikowski, Keira	Heritage Woods 5:48.34
9	Schneider, Robyn	Archbishop C 5:49.03
10	McGinley, Ava	Archbishop C 5:50.62
11	Jordan, Elisabeth	Walnut Grove 5:57.78
12	Lundsted, Isabella	Archbishop C 6:17.98
13	Van Wijhe-Bard, Gwendolyn	Centennial S 7:02.02
14	Smith, Emi	Meadowridge 7:02.68
15	Du, Angela	Dr. Charles 7:20.55
16	Olson, Zoe	Dr. Charles 7:23.07

Girls 4x200 Meter Relay Senior

Team	Relay	Finals
Finals		
1	Dr. Charles	A 1:48.11
2	Centennial S	A 1:56.24
3	Walnut Grove	A 1:58.65

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Finals ... (Girls 4x200 Meter Relay Senior)

Team	Relay	Finals
4 Gleneagle Se	A	2:02.34
5 New Westmins	A	2:04.32
1) Cyr, Molly	2) Paradis, Nouveau	
3) Coffee, Sylvia	4) Mokhammad, Zarina	
6 Heritage Woods	A	2:06.16
7 Centennial S	B	2:09.13
8 Archbishop C	B	2:09.56
9 Centennial S	C	2:13.58
10 Yale Secondary	A	2:14.00

Girls High Jump Senior

Name	School	Finals
1 Self, Delaney	Dr. Charles	1.55m
2 Buchmann, Hannah	Archbishop C	1.35m
3 Stelnicki, Annalise	Walnut Grove	1.30m
4 Macdonald, Marley	Walnut Grove	1.25m

Girls Long Jump Senior

Name	School	Finals
1 Markey, Clara	Sardis	4.79m +0.0
2 Self, Makenna	Dr. Charles	4.75m +0.0
3 Welsh, Madison	Maple Ridge	4.49m +0.0
4 Coles-Lyster, Campbell	Maple Ridge	4.13m +0.0
5 Cushnie, Marlowe	Tla Online	4.11m -0.1
6 Kilburn, Dhalia	Centennial S	4.02m +0.0
7 Kalil-Korma, Marian	Terry Fox (T	3.90m +0.0
8 Zhang, Nuonuo	Dr. Charles	3.71m +0.0
9 Xu, Amy	Meadowridge	3.67m +0.0
10 Kubo, Amaya	Gleneagle Se	3.66m +0.0
10 Buchmann, Hannah	Archbishop C	3.66m +0.0
12 Martens, Payton	Terry Fox (T	3.58m +0.0
13 Kostur, Sofiya	Centennial S	3.57m +0.0
14 Baath, Sahij	Dasmesh Punj	3.56m +0.0
15 Van Wijhe-Bard, Gwendolyn	Centennial S	3.55m +0.0
16 Mackinder, Bryony	Centennial S	3.51m +0.0
17 Lidder, Avanni	Centennial S	3.45m +0.0
18 Macdonald, Marley	Walnut Grove	3.34m +0.0
19 Poato, Chiara	Centennial S	3.26m NWI
20 Wong, Haley	Gleneagle Se	3.15m NWI
21 Perez Munoz, Carmen	Westview Sec	2.92m +0.0
22 Kang, Jay	Yale Seconda	2.85m +0.0
23 Kim, Grace	Dr. Charles	2.64m -1.2
--- Kim, Alice	Pinetree Sec	FOUL

Girls Shot Put 4 kg. Senior

Name	School	Finals
1 Young, Payton	Centennial S	9.67m
2 Cheung, Vina	Pinetree Sec	8.04m
3 Sorokovsky, Eleina	Langley Christia	7.15m
4 Fisher, Stephanie	Westview Sec	6.68m
5 Famakinwa, Kayleigh	Meadowridge	6.53m

6 Arendarenko, Polina	Walnut Grove	6.19m
7 Gunnarson, Kailey	Yale Seconda	4.77m
8 Poole, Samantha	Westview Sec	4.76m
9 Wassenaar, Aleisea	Yale Seconda	4.34m

Girls Hammer Throw 4 kg Senior

Name	School	Finals
1 Curtis, Lauren	Maple Ridge	48.97m
2 Samra, Aikam	Dasmesh Punj	12.45m

Girls Javelin Throw 600 gram Senior

Name	School	Finals
1 Stelnicki, Annalise	Walnut Grove	25.52m
2 Xu, Amy	Meadowridge	20.10m
3 Anzulovich, Joanna	Archbishop C	17.08m
4 Cheung, Vina	Pinetree Sec	16.10m
5 Adams, Vanessa	Archbishop C	15.81m
6 Burke, Marissa	Westview Sec	14.32m
7 Mackinder, Bryony	Centennial S	13.33m
8 Poole, Samantha	Westview Sec	12.63m
9 Wong, Cristabel	Riverside	12.35m
10 Samra, Aikam	Dasmesh Punj	11.21m
11 Olson, Zoe	Dr. Charles	10.62m
12 Kang, Jay	Yale Seconda	10.54m
13 Smith, Emi	Meadowridge	7.89m
--- Sorokovsky, Eleina	Langley Christia	FOUL
--- McGivern, Naomi	Centennial S	FOUL

Girls 100 Meter Dash Gr. 8-9

Name	School	Prelims
1 Zenone, Sofia	Holy Cross	13.11q +0.0
2 O'Neill, Sydney	W.J Mouat (W	13.59q -0.7
3 Hansra, Saia	Centennial S	13.91q -0.5
4 Zukowska, Martyna	Brookwood Secon	14.01q -0.5
5 Fraser, Taya	Dr. Charles	14.01q -1.0
6 Serban, Alissa	New Westmins	14.22q -0.9
7 Peng, Elizabeth	Archbishop C	14.36q +0.0
8 Wong, Chantel	Archbishop C	14.36q -1.0
9 McSherry, Caris	Pinetree Sec	14.37 -0.5
10 Fletcher-Bostwick, Aja	Centennial S	14.41 -1.8
11 O'Connell, Ruby	Maple Ridge	14.54 -0.9
12 Jordison, Anna	Maple Ridge	14.64 -0.7
13 Selmour, Soleil	Centennial S	14.72 -1.4
14 Ngo, Trinity	Walnut Grove	14.79 -0.9
15 Famakinwa, Joella	Meadowridge	14.79 -0.5
16 Mah, Chloe	Dr. Charles	14.83 -0.7
17 Knodel, Elianna	Walnut Grove	14.89 -0.5
18 Hill, Addison	Walnut Grove	14.91 -1.4
19 McIlwain, Claire	Maple Ridge	15.00 -1.0
20 Tahid, Zayda	Maple Ridge	15.08 -0.9
21 Redden, Marissa	Betty Gilbert Mi	15.16 -1.4
22 Hunfeld, Isabella	Garibaldi Se	15.25 -1.8

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Preliminaries ... (Girls 100 Meter Dash Gr. 8-9)

Name	School	Prelims
23 Nurbakhsh, Leila	Meadowridge	15.36 -1.4
24 Shultz, Laura	Archbishop C	15.36 -0.7
24 Jackman, Ella	Walnut Grove	15.36 -0.5
26 Borrill, Sienna	Walnut Grove	15.37 +0.0
27 Nieboer, Alina	Walnut Grove	15.39 -1.8
28 Walton, Aislen	Maple Ridge	15.42 -0.5
29 Dhemi, Angelina	Maple Ridge	15.43 -1.0
30 Krakovska, Sofia	Maple Ridge	15.43 -1.4
31 Halstead, Sierra	Maple Ridge	15.44 -0.5
32 Richardson, Kylie	Yale Seconda	15.46 -0.9
33 Lee, Amelia	Archbishop C	15.47 -0.5
34 Legge, Avery	Walnut Grove	15.48 -0.5
35 Klassen, Alicia	Westview Sec	15.53 +0.0
36 Evans, Wynn	Maple Ridge	15.54 -0.5
37 Klassen, Alexandra	Westview Sec	15.77 +0.0
38 Lin, Sienna	Archbishop C	15.87 -1.0
39 Wollenzin, Ella	Walnut Grove	15.87 -1.8
40 Yip, Ava	Maple Ridge	15.88 +0.0
41 Yoo, Chloe	Walnut Grove	16.10 -0.7
42 Jagpal, Jaya	Dr. Charles	16.11 -0.9
43 Tat, Rachel	Bc Christian	16.24 -1.8
44 Wong, Kaylee	Pinetree Sec	16.28 -0.5
45 Hansen, Leah	Walnut Grove	16.31 -0.9
46 Atwal, Samiya	Meadowridge	16.41 -1.8
47 Johnson, Anne	Thomas Haney	16.48 +0.0
48 Jackman, Autumn	Walnut Grove	16.56 +0.0
49 Baath, Paares	Dasmesh Punj	16.57 -1.4
50 Wang, Daisy	Walnut Grove	16.59 -0.7
51 Tejedor Brisson, Maia	Centennial S	16.66 -1.4
52 Ahmedjonova, Zarina	Maple Ridge	16.75 -0.7
53 Shand, Teagan	Garibaldi Se	16.87 -1.4
54 Chan-Nabong, Alexis	Archbishop C	16.97 -0.5
55 Demkiv, Anna	Archbishop C	17.01 -1.0
56 Sayeh, Rowan	Meadowridge	17.78 -0.9
57 Diaz-Gallego, Marianne	Bc Christian	18.17 -0.5
58 Mantine, Mikaela	Garibaldi Se	18.22 -0.5
59 Chan, Emily	Pinetree Sec	18.28 -0.5

Girls 100 Meter Dash Gr. 8-9

Name	School	Finals
Finals		
1 Zenone, Sofia	Holy Cross	13.29 -0.7
2 O'Neill, Sydney	W.J Mouat (W	13.32 -0.7
3 Hansra, Saia	Centennial S	13.72 -0.7
4 Zukowska, Martyna	Brookwood Secon	13.91 -0.7
5 Serban, Alissa	New Westmins	14.11 -0.7
6 Fraser, Taya	Dr. Charles	14.22 -0.7
7 Wong, Chantel	Archbishop C	14.41 -0.7
8 Peng, Elizabeth	Archbishop C	14.42 -0.7

Girls 400 Meter Dash Gr. 8-9

Name	School	Finals
Finals		
1 O'Neill, Sydney	W.J Mouat (W	1:02.65

2 Zenone, Sofia	Holy Cross	1:03.87
3 Hansra, Saia	Centennial S	1:07.21
4 McIlwain, Claire	Maple Ridge	1:10.01
5 Halstead, Sierra	Maple Ridge	1:11.08
6 Jordison, Anna	Maple Ridge	1:11.29
7 Ballantyne, Keira	Centennial S	1:11.41
8 Redden, Marissa	Betty Gilbert Mi	1:11.95
9 McNaughton, Sydney	Dr. Charles	1:12.39
10 Zarkovic, Nikolina	New Westmins	1:12.44
11 Jackman, Ella	Walnut Grove	1:12.46
12 Carson, Natalie	Heritage Woods	1:12.47
13 Selmour, Soleil	Centennial S	1:12.53
14 Fletcher-Bostwick, Aja	Centennial S	1:12.61
15 Klassen, Alexandra	Westview Sec	1:13.02
16 Wong, Kaylee	Pinetree Sec	1:15.87
17 Richardson, Kylie	Yale Seconda	1:16.35
18 Tejedor Brisson, Maia	Centennial S	1:18.40
19 Klassen, Alicia	Westview Sec	1:18.80
20 Balogun, Titilayo	Centennial S	1:19.59
21 Weng, Hannah	Archbishop C	1:19.99
22 Wang, Daisy	Walnut Grove	1:21.09
23 Hansen, Leah	Walnut Grove	1:21.60
24 Baath, Paares	Dasmesh Punj	1:21.76
25 Khangura, Prabhnoor	Dasmesh Punj	1:29.32

Girls 1500 Meter Run Gr. 8-9

Name	School	Finals
Finals		
1 oliver-McLean, Lillian	Heritage Woods	5:17.28
2 Holubar, Taya	Walnut Grove	5:20.34
3 Shearcroft, Sophia	Heritage Chr	5:21.20
4 Piper, Kamora	Robert Bateman	5:33.53
5 Carson, Natalie	Heritage Woods	5:42.86
6 Owen-Merriott, Anji	Walnut Grove	6:09.33
7 Fang, Irene	Walnut Grove	6:15.05
8 Yoo, Chloe	Walnut Grove	6:17.94
9 Zanatta, Annika	Walnut Grove	6:19.11
10 Thiessen, Shiloh	Walnut Grove	6:19.36
11 Trembley, Erica	Walnut Grove	6:56.62

Girls 4x200 Meter Relay Gr. 8-9

Team	Relay	Finals
Finals		
1 Dr. Charles	A	2:02.26
2 Maple Ridge Secondary	A	2:05.68
3 Maple Ridge Secondary	B	2:08.82
4 Archbishop C	A	2:12.71
5 Pinetree Sec	A	2:14.51
1) Kim, Alice	2) Wong, Kaylee	
3) Chan, Emily	4) McSherry, Caris	
6 Walnut Grove	A	2:18.65
7 Bc Christian	A	2:22.56

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Girls High Jump Gr. 8-9

Name	School	Finals
Finals		
1 Hill, Addison	Walnut Grove	1.55m
2 Tsoukalas, Lexia	Terry Fox (T	1.40m
2 Fraser, Taya	Dr. Charles	1.40m
4 McSherry, Caris	Pinetree Sec	1.30m
4 Knodel, Elianna	Walnut Grove	1.30m
4 O'Connell, Ruby	Maple Ridge	1.30m
4 Selmour, Soleil	Centennial S	1.30m
8 Yip, Ava	Maple Ridge	1.20m
8 Zukowska, Martyna	Brookwood Secon	1.20m
--- Vong, Mya	Maple Ridge	NH

Girls Long Jump Gr. 8-9

Name	School	Finals
Finals		
1 Hill, Addison	Walnut Grove	4.13m NWI
2 Peng, Elizabeth	Archbishop C	4.01m NWI
3 Fletcher-Bostwick, Aja	Centennial S	3.97m NWI
4 O'Connell, Ruby	Maple Ridge	3.96m NWI
5 Krakovska, Sofia	Maple Ridge	3.80m NWI
5 Borrill, Sienna	Walnut Grove	3.80m NWI
7 Ho, Janna	Bc Christian	3.72m NWI
8 Dhembli, Angelina	Maple Ridge	3.66m NWI
9 Thiessen, Shiloh	Walnut Grove	3.65m NWI
10 Blatherwick, Hope	Centennial S	3.64m NWI
11 Zarkovic, Nikolina	New Westmins	3.49m NWI
12 Vong, Mya	Maple Ridge	3.36m NWI
13 Tahid, Zayda	Maple Ridge	3.34m NWI
14 Trembley, Erica	Walnut Grove	3.31m NWI
15 Lin, Sienna	Archbishop C	3.28m NWI
15 Nurbakhsh, Leila	Meadowridge	3.28m NWI
17 McGregor, Allium	Maple Ridge	3.23m NWI
18 Lee, Amelia	Archbishop C	3.13m NWI
19 Yip, Ava	Maple Ridge	3.11m NWI
20 Baath, Paares	Dasmesh Punj	3.03m NWI
21 Zanatta, Annika	Walnut Grove	2.99m NWI
22 Tian, Cicibella	Meadowridge	2.95m NWI
23 Redden, Marissa	Betty Gilbert Mi	2.83m NWI
24 Sandhu, Mnddeep	Dasmesh Punj	2.67m NWI
25 Kaila, Chahat	Dasmesh Punj	2.62m NWI
26 Khangura, Prabhnoor	Dasmesh Punj	2.06m NWI

Girls Hammer Throw 3 kg Grade 9-10

Name	School	Finals
Finals		
1 Blatherwick, Elizabeth	Centennial S	31.79m
2 Car, Alana	Yale Seconda	25.28m
3 Kanwar, Harjas	Dasmesh Punj	20.33m
4 Sandhu, Mnddeep	Dasmesh Punj	19.46m
5 Sekhon, Arshnoor	Dasmesh Punj	15.10m
6 Kaila, Chahat	Dasmesh Punj	12.95m
--- Teolis, Megan	Garibaldi Se	FOUL

Girls Shot Put 3 kg Gr. 8-10

Name	School	Finals
Finals		
1 Mackinder, Bryony	Centennial S	8.82m
2 Redden, Marissa	Betty Gilbert Mi	8.36m
3 Famakinwa, Joella	Meadowridge	7.88m
4 Sayeh, Rowan	Meadowridge	6.70m
5 Cyr, Molly	New Westmins	6.66m
5 Lidder, Avanni	Centennial S	6.66m
7 Sandhu, Mnddeep	Dasmesh Punj	6.62m
8 Kaila, Chahat	Dasmesh Punj	6.43m
9 Smith, Emi	Meadowridge	6.38m
10 Kanwar, Harjas	Dasmesh Punj	5.95m
11 McGivern, Naomi	Centennial S	5.92m
12 Sekhon, Arshnoor	Dasmesh Punj	5.57m
13 Lee, Hannah	Bc Christian	5.56m
14 Kossack, Hailey	Centennial S	5.39m
15 Tat, Carmen	Bc Christian	5.02m

Boys 100 Meter Dash Senior

Name	School	Prelims
Preliminaries		
1 Brhelle, Jackson	Walnut Grove	11.53q -1.6
2 Rowe, Rufus	Centennial S	11.55q -1.3
3 Breedveld, Joel	Samuel Rober	11.64q -0.6
4 Frimpong, Derek	Maple Ridge	11.65q -1.3
5 Tran, Tason	Terry Fox (T	11.68q -0.9
6 Mosi, Liam	New Westmins	11.90q -1.3
7 Liu, Zimo	Walnut Grove	11.96q -1.2
8 Copeland, Kiyo	Walnut Grove	12.11q -0.9
9 Pectu, Denis	Heritage Woods	12.12 -1.1
10 Jarerina, Joshua	Terry Fox (T	12.15 -1.1
11 MacRae, Woodson	Terry Fox (T	12.16 0.1
12 Lum, Nathaniel	Centennial S	12.17 -1.6
13 Van Dyk, Daimon	DW Poppy	12.17 -1.3
14 Lobay, Harry	Centennial S	12.19 -0.6
15 Martins, Taitoluwa	Thomas Haney	12.23 -1.1
16 Blom, Zach	Maple Ridge	12.28 -1.1
17 Hayden, Tanner	Centennial S	12.29 -0.6
18 Kang, Bryan	Heritage Woods	12.32 -1.2
19 McDonnell, Mateo	New Westmins	12.37 -1.2
20 Lacombe, Ryan	Archbishop C	12.39 -1.6
21 Thoutenhoofd, Joseph	Yale Seconda	12.48 -1.2
22 Wight, Luke	Yale Seconda	12.49 -1.2
23 Layog, A.J.	Archbishop C	12.50 -1.6
24 Asumadu, Kwaku	Maple Ridge	12.60 -1.3
25 Aulakh, Rohan	Centennial S	12.62 -1.1
26 Panesar, Nikolas	New Westmins	12.62 -1.1
27 Todd, Roan	Dr. Charles	12.74 -1.6
28 Mendoza, Johan	New Westmins	12.78 0.1
29 Diaz, Harrison	New Westmins	12.80 -1.1
30 Works, Owen	Thomas Haney	12.81 -1.3
31 Park, Isaac	New Westmins	12.85 -0.6
32 Henry, Shady	Bc Christian	12.86 -1.1

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

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Preliminaries ... (Boys 100 Meter Dash Senior)

Name	School	Prelims
33 Liu, Jason	Pinetree Sec	12.88 -0.9
34 Anantharajah, Krishan	Heritage Woods	12.92 0.1
35 Dabbagh, Shareef	Centennial S	12.92 -1.1
36 Cheng, Jonah	Bc Christian	12.93 0.1
37 Semahegne, Natnael	New Westmins	12.95 -0.9
38 Skidmore, Vohn	Centennial S	12.95 -0.6
39 Molina, Teo	Walnut Grove	12.97 0.1
40 Priebe, Tyler	Walnut Grove	12.99 -1.3
41 Brown, Riley	Walnut Grove	13.04 -1.3
42 Stowards, Zachary	Yale Seconda	13.04 -1.1
43 Bartok, Ryou	Westview Sec	13.07 -0.6
44 McIntosh, Brady	Yale Seconda	13.14 -1.3
45 Gallego, Sergio	Maple Ridge	13.15 -0.6
46 Cajandab, Jeros	Centennial S	13.18 0.1
47 Boyd, Carson	Walnut Grove	13.20 -1.3
48 Cundy, Damon	Walnut Grove	13.21 -1.3
49 Loretan, Cristiano	Dr. Charles	13.41 -0.6
50 Dozie, Chikamso	Westview Sec	13.43 -1.6
51 Belanger, Julien	Centennial S	13.47 -0.9
52 Khaleqi, Rahmatullah	Centennial S	13.49 -1.2
53 Hewitt, James	Heritage Woods	13.56 -0.6
54 Joseph, Anton	Archbishop C	13.65 -1.2
55 Golbey, Joseph	Heritage Woods	13.66 -1.1
56 Kheva, Ishawn	Dasmesh Punj	13.85 0.1
57 Seasons Blais, Grady	Centennial S	13.85 0.1
58 Ahmedjonov, Rustam	Thomas Haney	13.88 -1.3
59 Yui, Rinto	Yale Seconda	13.89 -1.1
60 Zanatta, Matteo	Walnut Grove	14.06 -1.1
61 Avendano Ramos, Francisco	Archbishop C	14.08 -1.6
62 Maddalozzo, Jeremiah	Archbishop C	14.28 -0.6
63 Sambhav, Sam	Centennial S	14.54 -0.9
64 Ark, Karun	Dasmesh Punj	15.28 -1.3
65 Aldaba, Jalen	Dr. Charles	15.88 -1.1
66 Buttar, Sukhshan	Dasmesh Punj	15.91 -1.1
67 Vodnala, Varun	Centennial S	15.91 -0.9
68 Randhawa, Arjashaan	Dasmesh Punj	16.63 -0.9

Boys 100 Meter Dash Senior

Name	School	Finals
Finals		
1 Brhelle, Jackson	Walnut Grove	11.36 -0.8
2 Frimpong, Derek	Maple Ridge	11.43 -0.8
3 Rowe, Rufus	Centennial S	11.52 -0.8
4 Mosi, Liam	New Westmins	11.76 -0.8
5 Tran, Tason	Terry Fox (T	11.77 -0.8
6 Copeland, Kiyoo	Walnut Grove	12.03 -0.8

Boys 400 Meter Dash Senior

Name	School	Finals
Finals		
1 Hall, Hayden	Langley Fine	49.28
2 Breedveld, Joel	Samuel Rober	51.52
3 Mosi, Liam	New Westmins	52.72
4 Rowe, Rufus	Centennial S	54.41

5 Lum, Nathaniel	Centennial S	54.58
6 Liu, Zimo	Walnut Grove	54.82
7 Copeland, Kiyoo	Walnut Grove	54.91
8 Hayden, Tanner	Centennial S	55.08
9 Lobay, Harry	Centennial S	55.31
10 McDonnell, Mateo	New Westmins	57.09
11 Diaz, Harrison	New Westmins	59.44
12 Brown, Riley	Walnut Grove	1:00.66
13 Bartok, Ryou	Westview Sec	1:00.84
14 Banack, Ethan	Meadowridge	1:01.68
15 Dabbagh, Shareef	Centennial S	1:02.02
16 Zheng, Aron	Gleneagle Se	1:02.04
17 Ahmedjonov, Rustam	Thomas Haney	1:02.56
18 Kelly, Spencer	Bc Christian	1:02.89
19 Boyd, Carson	Walnut Grove	1:03.03
20 Banzigner, Liam	New Westmins	1:03.74
21 Khaleqi, Rahmatullah	Centennial S	1:04.91
22 Tikantchouk, Stanislav	Dr. Charles	1:05.29
23 Seasons Blais, Grady	Centennial S	1:05.98
24 Keeler, Joseph	Centennial S	1:06.40
25 Sambhav, Sam	Centennial S	1:07.07
26 Teare Cunningham, Liam	Westview Sec	1:07.81
27 Kheva, Ishawn	Dasmesh Punj	1:08.95

Boys 1500 Meter Run Senior

Name	School	Finals
Finals		
1 Sada, Bernardo	Walnut Grove	4:01.31
2 Headley, Elijah	Maple Ridge	4:02.11
3 Dixon-Lawless, Lucien	Samuel Rober	4:03.83
4 Pitzey, Sam	Meadowridge	4:10.65
5 Naresh, Dylan	Maple Ridge	4:17.65
6 Thiele-Crocker, Billy	Heritage Woods	4:26.18
7 Evans, Aidan	Maple Ridge	4:27.75
8 Yan, Kai	Gleneagle Se	4:40.25
9 Wu, Xavier	Heritage Woods	4:47.08
10 McCaslin, Matthew	Walnut Grove	4:57.07
11 Boustani, Roy	Dr. Charles	4:59.06
12 Mohlmann, Steven	Dr. Charles	4:59.57
13 Von Schweinitz, Colin	Maple Ridge	5:01.99
14 Englund, Rowan	Dr. Charles	5:02.91
15 Heinrichs, James	Dr. Charles	5:03.71
16 Pollard, Lucas	Dr. Charles	5:05.47
17 Dou, Zirui	Maple Ridge	5:08.27
18 Radillo, Nathaniel	Walnut Grove	5:13.03
19 Zhou, Hanson	Gleneagle Se	5:14.80
20 Harrer, Tristan	Walnut Grove	5:14.87
21 Kelly, Spencer	Bc Christian	5:29.14
22 Ahmedjonov, Rustam	Thomas Haney	5:38.20
23 Cho, Timothy	Dr. Charles	5:38.28
24 Low, Oliver	Meadowridge	5:45.45
25 Teare Cunningham, Liam	Westview Sec	5:53.26
26 Ballantyne, Ethan	Centennial S	5:59.42
27 Belanger, Julien	Centennial S	6:31.00

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Boys 4x200 Meter Relay Senior

Team	Relay	Finals
Finals		
1 Maple Ridge Secondary	A	1:39.89
2 Centennial S	C	1:40.50
3 Yale Secondary	C	1:42.34
4 New Westmins	A	1:43.21
1) Diaz, Harrison		
3) Mosi, Liam	4) Park, Isaac	
5 Archbishop C	A	1:43.56
6 Walnut Grove	A	1:44.67
7 Yale Secondary	A	1:48.04
8 Dr. Charles	A	1:52.02
9 New Westmins	B	1:52.21
1) Park, Isaac	2) Mendoza, Johan	
3) Everaars, Nico	4) Ochoco, Ethan	
10 Archbishop C	C	1:52.59
11 Pinetree Sec	A	1:52.91
1) Chherwala, Ammar	2) Liu, Jason	
3) Chen, Nicholas	4) Liu, Ray	
12 Centennial S	A	2:28.03

Boys High Jump Senior

Name	School	Finals
Finals		
1 Thoutenhoofd, Joseph	Yale Seconda	J1.60m
2 Wilkie, Aidan	Heritage Woods	J1.60m
3 Chabot, Jack	Yale Seconda	J1.60m
4 Cichecki, Maksym	Terry Fox (T	J1.60m
5 Thomas, Tayson	Bc Christian	J1.55m
6 Van Dyk, Daimon	DW Poppy	J1.55m
6 Wight, Luke	Yale Seconda	J1.55m
6 Cameron, Declan	Heritage Woods	J1.55m
9 Boyko, Grayden	Heritage Woods	J1.50m
--- Stromgren, Liam	Langley Christia	NH
--- Dozie, Chikamso	Westview Sec	NH

Boys Long Jump Senior

Name	School	Finals
Finals		
1 Wight, Luke	Yale Seconda	5.61m +0.0
2 Pectu, Denis	Heritage Woods	5.33m +0.0
3 Anantharajah, Krishan	Heritage Woods	5.18m +0.0
4 Thoutenhoofd, Joseph	Yale Seconda	5.02m +0.0
5 Gallego, Sergio	Maple Ridge	4.97m +0.0
6 Blom, Zach	Maple Ridge	4.94m +0.0
7 Dozie, Chikamso	Westview Sec	4.80m +0.0
8 Works, Owen	Thomas Haney	4.74m +0.0
9 Chabot, Jack	Yale Seconda	4.73m +0.0
10 Wiggins, Drake	Meadowridge	4.68m +0.0
11 Khaleqi, Rahmatullah	Centennial S	4.65m +0.0
12 Lobay, Harry	Centennial S	4.50m +0.0
13 Loretan, Cristiano	Dr. Charles	4.20m +0.0
14 Ballantyne, Ethan	Centennial S	4.06m +0.0
15 Tikantchouk, Stanislav	Dr. Charles	4.05m +0.0

--- Sambhav, Sam Centennial S FOUL

Boys Shot Put 6 kg Senior

Name	School	Finals
Finals		
1 Tang, Jimmy	Archbishop C	10.09m
2 Renard, Turner	Dr. Charles	9.50m
3 Aubin-Monsma, Lucas	Dr. Charles	8.80m
4 Sooch, Navtaj	Dasmesh Punj	8.65m
5 Lozovoy, Mackar	Bc Christian	8.20m
6 Nguyen, Phuc Khanh	Yale Seconda	7.98m
7 Rich, Simon	Centennial S	7.11m
8 Wassenaar, Arie	Yale Seconda	6.44m

Boys Hammer Throw 6 kg Senior

Name	School	Finals
Finals		
1 Maclachlin, Ewan	New Westmins	28.09m
2 Gharbi, Ben	Dr. Charles	25.90m
3 Aubin-Monsma, Lucas	Dr. Charles	23.66m
4 Sooch, Navtaj	Dasmesh Punj	23.14m
5 Liu, Jason	Pinetree Sec	21.50m
6 Rai, Methtab	Dasmesh Punj	18.48m
7 Frost, Matteo	Terry Fox (T	18.08m
8 Gill, Ramneek	Dasmesh Punj	16.75m
9 Liu, Ray	Pinetree Sec	15.10m
10 Nguyen, Phuc Khanh	Yale Seconda	13.77m

Boys Javelin Throw 800 gram Senior

Name	School	Finals
Finals		
1 Banack, Ethan	Meadowridge	29.95m
2 Rai, Methtab	Dasmesh Punj	29.30m
3 Everaars, Nico	New Westmins	28.78m
4 Aubin-Monsma, Lucas	Dr. Charles	27.63m
5 Rosselli, Noah	Centennial S	25.62m
6 Maclachlin, Ewan	New Westmins	24.48m
7 Gill, Ramneek	Dasmesh Punj	22.73m
8 Nguyen, Phuc Khanh	Yale Seconda	21.20m
9 Liu, Ray	Pinetree Sec	19.83m
10 Zanatta, Matteo	Walnut Grove	18.05m
11 Perez Guel, Gerardo Alfonso	Centennial S	17.10m
12 Chrysler-Davidson, Caleb	Centennial S	16.67m
13 Stevens, Marco	Westview Sec	13.97m
14 Scigliotti Windey, Ian	Dr. Charles	10.53m
15 Zhou, Derek	Yale Seconda	10.15m
--- Biniaris, Demetri	New Westmins	FOUL
--- Wong, Jordan	Dr. Charles	FOUL
--- Norena, Emilio	Dr. Charles	FOUL

Boys 100 Meter Dash Gr. 8-9

Name	School	Prelims
Preliminaries		
1 Puscasu, David	Bc Christian	11.64q -1.0
2 Maldonado, Noel	Salish Secondary	12.41q -1.2

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Preliminaries ... (Boys 100 Meter Dash Gr. 8-9)

Name	School	Prelims
3 Hurtubise, Hayden	Langley Secondar	12.49q -0.9
4 Ikwuegbu, Justin C.	Archbishop C	12.59q -1.2
5 Mvundura, Ethan	Dr. Charles	12.60q -0.9
6 Conatser, Rajan	Point Grey S	12.64q -1.2
7 Foster, Zachary	Maple Ridge	12.73q -0.9
8 Teodocio, Jerome	Thomas Haney	12.87q -0.6
9 Benjamin, Delvin	Archbishop C	12.91 -0.5
10 Guyduy, Sasha	Dr. Charles	12.91 -0.5
11 Gabitan, Rudy	Walnut Grove	12.93 -0.9
12 O'Shea, Hunter	Garibaldi Se	12.95 -0.5
13 Gibb, Ryan	Dr. Charles	12.97 -0.9
14 Breedveld, Micah	Samuel Rober	13.05 -1.2
15 Sorokovsky, Jairus	Langley Christia	13.14 -0.9
16 Melnychuk, Ryan	Walnut Grove	13.18 -1.2
17 Kang, John	Yale Seconda	13.23 -1.0
18 Ng, Isaac	Dr. Charles	13.31 -0.9
19 Everaars, Nico	New Westmins	13.34 -0.6
20 Juteau, Caleb	Walnut Grove	13.37 -0.9
21 Bourque-Laidlaw, Cooper	Westview Sec	13.37 -0.6
22 Ahokas, Lucas	Maple Ridge	13.48 -0.9
23 Linares Ramos, Mateo	Archbishop C	13.52 -0.6
24 Harrison-Wolfe, Konor	Centennial S	13.73 -0.9
25 Lazar, Matteus	Archbishop C	13.74 -0.9
26 Miller, Owen	Walnut Grove	13.77 -1.2
27 Chow, Lucas	Archbishop C	13.80 -0.9
28 Austin, Brayden	Centennial S	13.87 -0.9
29 Carreno, Jeronimo	Archbishop C	14.08 -0.6
30 Lam, Isaac	Archbishop C	14.21 -0.9
30 Pressney, Tristan	Westview Sec	14.21 -0.6
32 Maddalozzo, Daniel	Archbishop C	14.27 -0.9
33 Yi, Andrew	Walnut Grove	14.31 -0.5
34 Mantine, Nicolas	Garibaldi Se	14.32 -0.6
35 Kimani, Ryan	Centennial S	14.42 -1.0
36 Lorenz, Quinn	Westview Sec	14.55 -1.2
37 Franklin, Robert	Garibaldi Se	14.57 -0.5
38 Han, Frederick	Dr. Charles	14.70 -0.5
39 Roddick, Daniel	Garibaldi Se	16.01 -1.0
40 Perez Guel, Gerardo Alfonso	Centennial S	16.58 -1.2
41 Smith, Liam	Meadowridge	16.65 -0.6

Boys 100 Meter Dash Gr. 8-9

Name	School	Finals
Finals		
1 Puscasu, David	Bc Christian	11.57 -0.2
2 Maldonado, Noel	Salish Secondary	12.25 -0.2
3 Mvundura, Ethan	Dr. Charles	12.38 -0.2
4 Ikwuegbu, Justin C.	Archbishop C	12.55 -0.2
5 Hurtubise, Hayden	Langley Secondar	12.58 -0.2
6 Conatser, Rajan	Point Grey S	12.65 -0.2
7 Foster, Zachary	Maple Ridge	12.66 -0.2
8 Teodocio, Jerome	Thomas Haney	13.05 -0.2

Boys 400 Meter Dash Gr. 8-9

Name	School	Finals
Finals		
1 Hurtubise, Hayden	Langley Secondar	56.40
2 Guyduy, Sasha	Dr. Charles	56.97
3 Gibb, Ryan	Dr. Charles	59.04
4 Matheson, Andrew	Centennial S	59.74
5 Juteau, Caleb	Walnut Grove	59.85
6 Gabitan, Rudy	Walnut Grove	1:00.29
7 Chow, Lucas	Archbishop C	1:00.29
8 Addah, Jaden	Dr. Charles	1:01.21
9 Sutherland, Xavier	Archbishop C	1:02.15
10 Breedveld, Micah	Samuel Rober	1:02.71
11 Pressney, Tristan	Westview Sec	1:02.76
12 Hewitt, Phoenix	Centennial S	1:03.06
13 Teodocio, Jerome	Thomas Haney	1:03.91
14 Melnychuk, Ryan	Walnut Grove	1:05.19
15 Austin, Brayden	Centennial S	1:05.71
16 Challenger, Logan	Westview Sec	1:07.39
17 Han, Frederick	Dr. Charles	1:07.78
18 McMillan, Jaden	Westview Sec	1:08.79
19 Li, Ivan	Archbishop C	1:26.08

Boys 1500 Meter Run Gr. 8-9

Name	School	Finals
Finals		
1 Guyduy, Sasha	Dr. Charles	4:56.92
2 Sutherland, Xavier	Archbishop C	5:12.68
3 Pressney, Tristan	Westview Sec	5:13.25
4 Alexander, Richard	Walnut Grove	5:14.79
5 Mabanta, Style	Archbishop C	5:18.97
6 Addah, Jaden	Dr. Charles	5:28.32
7 Englund, Charlie	Dr. Charles	5:40.62
8 Fang, Anderson	Dr. Charles	5:55.74
9 Gabitan, Rudy	Walnut Grove	6:29.92
10 Ma, Xiao	Bc Christian	6:41.96
11 Li, Ivan	Archbishop C	7:20.32

Boys 4x200 Meter Relay Gr. 8-9

Team	Relay	Finals
Finals		
1 Archbishop C	A	1:48.79
2 Walnut Grove	A	1:51.25

Boys High Jump Gr. 8-9

Name	School	Finals
Finals		
1 Mvundura, Ethan	Dr. Charles	1.70m
2 Foster, Zachary	Maple Ridge	1.65m
3 Sorokovsky, Jairus	Langley Christia	1.60m
4 Benjamin, Delvin	Archbishop C	1.55m
4 Hewitt, Phoenix	Centennial S	1.55m
6 Mantine, Nicolas	Garibaldi Se	1.15m

2024 Nick Wilkes Invitational - 2024-04-24

Maple Ridge Secondary

Results

Boys Long Jump Gr. 8-9

	Name	School	Finals
Finals			
1	Hurtubise, Hayden	Langley Secondar	5.14m +0.0
2	Miller, Owen	Walnut Grove	4.77m +0.0
3	Benjamin, Delvin	Archbishop C	4.71m +0.0
4	Breedveld, Micah	Samuel Rober	4.70m +0.0
5	Kang, John	Yale Seconda	4.65m +0.0
6	Hewitt, Phoenix	Centennial S	4.52m +0.0
7	Ahokas, Lucas	Maple Ridge	4.41m +0.0
8	Linares Ramos, Mateo	Archbishop C	4.27m +0.0
9	Teodocio, Jerome	Thomas Haney	4.17m +0.0
10	Maddalozzo, Daniel	Archbishop C	4.15m +0.0
11	Ng, Isaac	Dr. Charles	4.14m +0.0
12	Lam, Isaac	Archbishop C	3.94m +0.0
13	Lorenz, Quinn	Westview Sec	3.92m +0.0
14	Kimani, Ryan	Centennial S	3.89m 0.5
15	McMillan, Jaden	Westview Sec	3.83m +0.0
16	Smith, Liam	Meadowridge	3.34m +0.0

Boys Shot Put 5 kg Grade 9-10

	Name	School	Finals
Finals			
1	Gabri, Gursher	Enver Creek	16.09m
2	Jacobsohn, Seth	Meadowridge	9.59m
3	Rai, Gavin	New Westmins	9.33m
4	Zukina, Luka	Centennial S	8.90m
5	Challenger, Logan	Westview Sec	8.68m
6	Chrysler-Davidson, Caleb	Centennial S	7.31m
7	Perez Guel, Gerardo Alfonso	Centennial S	5.91m

Boys Hammer Throw 5 kg Gr. 8-10

	Name	School	Finals
Finals			
1	Gabri, Gursher	Enver Creek	58.79m
2	Everaars, Nico	New Westmins	18.71m
3	Hill Godin, LJ	New Westmins	18.18m
4	Myles, Cameron	Terry Fox (T	16.79m
5	Shergill, Mehtaab	Dasmesh Punj	15.99m
6	Khakh, Gurveer	Dasmesh Punj	10.11m